

PLAINFIELD

COMMUNITY

CONSOLIDATED

SCHOOL

DISTRICT 202

STUDENT AND PARENT

ATHLETIC HANDBOOK

2007-08

NORTH

CENTRAL

SOUTH



ILLINOIS HIGH SCHOOL ASSOCIATION (IHSA)

District 202 High Schools are members of the Illinois High School Association (IHSA) based in Bloomington, Illinois.

MISSION STATEMENT

The IHSA serves member schools by providing leadership for equitable participation in interscholastic activities that enrich the educational experience.

SPORTSMANSHIP MISSION STATEMENT

Good sportsmanship is the attitude and behavior that exemplifies positive support for the interscholastic programs of the IHSA member schools, as well as for the individuals who participate in such programs. People involved in all facets of the interscholastic program are expected to demonstrate respect for others and display good sportsmanship.

SPORTSMANSHIP IS EVERYBODY'S RESPONSIBILITY

Sportsmanship starts on the court or athletic field and extends into the bleachers and beyond. In today's increasingly competitive environment, the thrill of victory and the agony of defeat seems to be more intensified than ever before. It is important to raise the public awareness of sportsmanship and interscholastic activities.

It is everyone's responsibility to practice good sportsmanship. Recognizing the efforts by athletes, coaches, administrators, spirit groups and fans is a valuable part of the interscholastic experience.

SPORT A WINNING ATTITUDE (THE SPORTING CREED)

The Participant . . .

1. Lives clean and plays hard. Plays for the love of the game.
2. Wins without boasting, loses without excuses, and never quits.
3. Respects officials and accepts their decisions without question.
4. Never forgets that he/she represents his/her school.

The Coach . . .

1. Inspires in his/her athletes a love for the game and the desire to win.
2. Teaches them that it is better to lose fairly than to win unfairly.
3. Leads players and spectators to respect officials by setting a good example.
4. Is the type of person he/she wants his/her athletes to be.

The Spectator . . .

1. Acknowledges the efforts of participants involved in interscholastic activities.
2. Respects officials, players, and coaches of all teams and treats them courteously.
3. Always demonstrates behavior which is conducive to good sportsmanship.
4. Never forgets that he/she also represents the school.

PHILOSOPHY

Our Athletic Program is guided by the philosophy that interscholastic activities are an important part of the total education program. A successful sports program generates a sense of school pride for the participants, student body, faculty, and community. Our sport programs strive to teach "Life Skills" as well as individual skills.

The objective goes beyond just the learning of skills for a particular sport. Students who participate in the program will hopefully enjoy a competitive spirit, self-control, camaraderie with teammates and a sense of personal self worth. Leadership skills, loyalty, self-discipline are character traits gained through participation. But most of all, the student should grow, learn and enjoy the experience. Athletics must, however, never overshadow the main purpose of an education. A "win at all costs" attitude is detrimental to that educational process. Athletes are encouraged to participate in a variety of school-sponsored activities.

ATHLETIC CODE

Participating in interscholastic activities is considered an extension of, but separate from, the regular high school curriculum. While the regular curriculum program is a right afforded to each student, participation in the athletic program is a privilege and, as such, carries certain expectations beyond those found in the normal classroom situation. The important goals of the athletic program are to give students direction in developing healthful living habits, discipline, leadership, teamwork, opportunities to participate in fun activities, and respect for rules and regulations. It is to these ends that a code is established for young people taking part in the athletic program.

The acceptance of participation in athletics involves a commitment by the participant to adhere to this code. It is the responsibility of the coaches and sponsors to inform participants of the Code and to enforce the Code in a fair and consistent manner. It is the participant's responsibility to be aware of the Code and to adjust behavior accordingly so that it becomes unnecessary for a coach or sponsor to have to enforce the Code.

Athletes are expected to comply with the following every day, everywhere and all year:

1. Athletes must meet all academic and behavior guidelines and strive for excellence.
2. Athletes are representatives of their school and community. They are to conduct themselves in a sportsmanlike and ethical manner and play by the rules at all times; be humble in victory and gracious in defeat. Good sportsmanship is a prime objective in Plainfield Community Consolidated School District 202 and is expected of its participants.
3. Athletes must abide by the decisions of, and show respect toward, the game officials who are charged with administering the contest.
4. Athletes are to respect the talent and efforts of opposing players and coaches. Any disrespect shown opposing players, coaches and fans will not be tolerated.
5. Athletes will not participate in any activities involving harassment, hazing, and bullying, as defined by school policy.

6. Racial, ethnic or other prejudice has no place in competitive athletics. Respect must be given to fellow athletes for themselves and not according to race, creed or religious or other beliefs.
7. Athletes must comply with the requirements of this Handbook, including the transportation, equipment, and "Team Awareness Night" requirements.
8. Athletes must be on time to, and regularly attend, all team practices and contests and comply with all team rules and accept constructive criticism from the coach.
9. In the event an interscholastic athlete elects to quit a sport prior to the completion of the season; or in the event where an athlete is removed from a team for disciplinary reasons, that athlete may be restricted from participating in pre-season open gym sessions for the upcoming season.
10. Athletes must meet all IHSA requirements.
11. Athletes must not use, be in possession of, or be involved with tobacco, marijuana, controlled substances or drugs not properly prescribed to the athlete, or any other intoxicating substance. An athlete will not attend or host a party, and the participant's parent(s) (guardian) or family members will not host a party, of high school students or minors at which alcohol, tobacco or any controlled or other improper substances are provided or at which the use of any such substances is permitted.
12. Athletes must exhibit good sportsmanship both as an athlete in competition and as a spectator at a contest. An athlete who is ejected from a game as a spectator will be subject to consequences at the discretion of the Athletic Director, Assistant Principal, or Principal.

NON-STUDENT SPECTATOR CONDUCT AND SPORTSMANSHIP POLICY

When a spectator at a Plainfield Community Consolidated School District 202 athletic or extracurricular event is ejected from the event for exhibiting un-sportsmanlike, disruptive, or disrespectful behavior, the following requirements must be satisfied:

1. An administrator and/or law enforcement officer will escort the spectator off school grounds.
2. The spectator will receive, through certified mail, notice of a meeting with that building administrator or designee to discuss the facts of the incident.
3. Within 48 hours of that meeting, the spectator will be informed of the administrative disposition.
4. If the spectator's removal from attending Plainfield School District 202 athletic and extracurricular events extends beyond a single event, a hearing will be scheduled with the Board of Education. A notice to appear at the hearing will be sent through certified mail. This hearing will be scheduled by the building administration through the Superintendent or his/her designee.

DISCIPLINARY ACTION

An athlete accused of a violation of the Athletic Code will be informed of the charge and given an opportunity to respond. Discipline will usually be handled by the coach, but suspensions pertaining to Athletic Code violations may only be done by the Principal, Assistant Principal, Athletic Director or the Assistant Athletic Director.

Penalties for violations of the Athletic Code will be carried over from one sport season to another or from one school year to the next. If a violation occurs out of season, the penalty will begin during the athlete's next season. Athletes must successfully complete the penalty portion of the violation before the athlete may compete in any interscholastic competition. Failure to complete the season will result in the penalty being served in the athlete's next season. Athletes are expected to attend all practices and games while serving an athletic suspension.

The following disciplinary actions may be taken for violation of the Athletic Code, in addition to any action taken as part of regular school discipline under the Parent/Student Handbooks.

All violations will be imposed as appropriate to the particular circumstances as approved by the Principal, Assistant Principal, Athletic Director or Assistant Athletic Director.

Level One offenses include all serious violations except those categorized under Level Two. wherever and whenever they occur –Serious violations typically involve, but are not necessarily limited to:

- use or possession of tobacco products
- falsification of documents
- harassment, hazing, bullying
- other major offenses as defined in the student handbook

First Offense – One-fourth of season

Second Offense – One-half of season

Third Offense – One-year suspension

Fourth Offense – Suspension for remainder of career

Level Two offenses involve any Critical Incident as defined in the Student-Parent Handbook wherever and whenever they occur –

- possession, consumption, or distribution of any drug, intoxicant, alcohol, marijuana or look-alike drugs
- weapons violations
- vandalism
- assault or battery
- theft.

First Offense One-half of season

Second Offense One year suspension

Third Offense Suspension for remainder of career

	Level 1-1 st Offense (1/4 of season)	Level 1-2 nd Offense Level 2-1 st Offense (1/2 of season)	Level 1-3 rd Offense Level 2-2 nd Offense	Level 1-4 th Offense Level 2-3 rd Offense
Badminton (16 games)	4	8	1 calendar year	Remainder of
Baseball (35 games)	8	18	from date of	career
Basketball (21 games)	5	11	infraction	
Bowling (16 dates)	4	8		
Cheerleading (Fall-9 games/performances)	2	5		
Cheerleading (Winter-21 games/performances)	5	11		
Cross Country (18 dates)	4	9		
Football (9 games)	2	5		
Golf (18 dates)	4	9		
Poms (Fall-5 games/performances)	1	3		
Poms (Winter-11 games/performances)	2	6		
Soccer (17 matches)	4	9		
Softball (35 games)	8	18		
Swimming (17 meets)	4	9		
Tennis (18 dates)	4	9		
Track (18 dates)	4	9		
Volleyball (21 matches)	5	11		
Wrestling (18 dates)	4	9		

*Language & maximum season as defined by IHSA

In the case of “cross-over” suspensions, any remaining consequences will be pro-rated to next season based on percentage remaining (no less than one game).

*Baseball player caught smoking (Level 1) for the 2nd time – 18 game suspension
Only 7 games remain in the season (mathematically, 7 is 38.8% of 18)
He has served 40% of his suspension*

*He goes out for football the next fall – he still has 60% of a suspension to serve
60% of 5 (the penalty for Level 1 – 2nd Offense) is 3
He served 3 games to complete his suspension*

*Football player caught smoking (Level 1) for the 2nd time – 5 game suspension
Only 2 games remain in the season (mathematically, 2 is 40% of 5)
He has served 40% of his suspension.*

*He goes out for wrestling in the winter – he still has 60% of a suspension
to serve 60% of 9 (the penalty for Level 1 – 2nd Offense) is 5.4
He serves 5 games to complete his suspension*

Voluntary admission or self-reporting of any athletic code violation will result in the penalty being reduced by half.

Voluntary admission means that the student reports the violation to the Athletic Director, Assistant Athletic Director or coach before information of the violation has been obtained by the coach or another school official from other sources, or acknowledges the violation immediately upon initial questioning about the violation by the coach or other school official.

This provision may be used only once by any athlete during his/her high school career on a first offense

ATHLETIC ELIGIBILITY

Every athlete interested in the interscholastic athletic programs must be in strict compliance with the IHSA, Southwest Prairie Conference, and Plainfield Community Consolidated School District 202 eligibility requirements.

ELIGIBILITY RULES

To be eligible to participate in the interscholastic athletic program at Plainfield Community Consolidated School District 202 each interested athlete must clear the eligibility clearance procedure. To do so, the interested athlete must:

1. Obtain and Read "Student & Parent Athletic Handbook".
2. Submit the completed "Athletic Code" to the Athletic Office (in back of Student & Parent Athletic Handbook). Ensure that all forms are properly signed and all information is answered.
3. Athletic Physical Form - each interested athlete must show proof of an examination by a physician. Freshmen athletes may count their freshmen entrance physical toward this requirement. Sophomore, junior, and senior athletes must have an "IHSA Physician's Certificate" on file for this school year. (These forms are available in the Athletic Director's office).

NOBODY WILL BE ALLOWED TO BEGIN PRACTICE/TRYOUTS WITHOUT COMPLETING STEPS 1, 2, AND 3!

4. Athlete must attend Team Awareness Session (1 per school year).
5. Parent/Guardian of freshman, transfer, and first time athletes must attend Parent Orientation Meeting.
6. Submit participation fee by established date for each season.

ACADEMIC ELIGIBILITY

In order to maintain eligibility in season, each athlete must meet IHSA weekly academic standards as well as semester academic standards (see IHSA scholastic standing at end of this book).

NCAA GUIDELINES

NCAA (National Collegiate Athletic Association) Guidelines for Athletic Scholarships - In order to practice and play as a freshman at an NCAA Division I or Division II college, the student-athlete must satisfy the requirements of NCAA Bylaw 14.3 (see your guidance counselor or www.ncaa.org for updated information).

ACT-68 sum score

SAT-820 or above

GPA of 2.5 on a 4.00 scale (C average) for Division I and GPA of 2.00 for Division II in a core curriculum of 13 academic subjects including:

- Division I:
- 4 years of English (Division II-3 years)
 - 2 years of Math
 - 2 years of Natural or Physical Science (including at least one lab class)
 - 2 years Social Science
 - 1 year additional English, Math or Natural or Physical Science (Division II-2 years)
 - 2 additional academic courses in any of the above courses or Foreign Language, Computer Science, Philosophy or Nondoctrinal Religion

TRANSFER STUDENTS

Any student that transfers to Plainfield Community Consolidated School District 202 must meet IHSA transfer requirements to determine whether or not they are eligible for interscholastic athletics.

ATTENDANCE POLICY

A student must be in attendance for the full day, unless approved by the athletic office, on the day of competition to be eligible to participate in athletic events or practices. Administrative approval for pre-arranged absences or emergency situations will supersede this requirement. Emergency situations will be dealt with as they arise.

TEAM AWARENESS SESSION

All athletes will be required to attend an awareness program (after school) once during each year of participation. Students must sign in to verify attendance. Students not attending program will be suspended from participation until requirement is met. Program will run through a four year cycle so that there will be no duplication of message.

PARENT EXPECTATION MEETING

Plainfield School District #202 invites the parents of all athletes to attend a Parent Expectation Meeting. This meeting provides the opportunity for parents to listen and ask questions of the rules, regulations, and philosophy of the Athletic Department. We strongly encourage all parents to attend, especially those who have an athlete participating for the first time in Plainfield School District #202.

Parents may attend any of the Orientation Meetings being held at each of the District 202 High Schools.

GENERAL INFORMATION

Equipment/Uniforms

Students participating in athletics are responsible for the care of the equipment and the safe return of all equipment and uniforms issued to them. The athlete will be charged the replacement value of any equipment not returned or damaged beyond normal wear and tear. Athletes will not be allowed to receive awards or participate further in the athletic program until all equipment and uniforms are returned or paid for.

Injuries

All injuries, no matter how minor in nature, should be reported to the team's coach or trainer immediately. This will help to prevent minor injuries from getting worse. If an athlete must see a physician for an injury, the athlete will not be allowed to resume practicing or competing without the physician's consent.

Appearance

Students who represent the school in interscholastic athletic competitions are expected to dress in a neat, respectable manner. Their actions and conduct are a direct reflection upon the overall quality of our athletic program and school. The coach or sponsor may establish rules regarding a particular dress style for their own squad.

Transportation

Plainfield Community Consolidated School District 202 provides transportation to and from all contests. It is required that all athletes use the transportation provided by the school district. If a need arises where an athlete must return home with a parent, a bus permission form must be filled out and signed by the parent, Coach, and Athletic Director. This must be done 24 hours in advance. The form may be obtained through the Athletic Director's office.

Athletic Awards

The coach of each team recommends to the Athletic Director team members for end-of-the-season awards. These awards are based on criteria established by the respective coach/program before the start of the season. The following procedures will govern the athletic award policy:

1. Each coach will devote time at the beginning of the season to clearly define the minimum requirements for the award given at that level.
2. To be eligible to receive an award, an athlete must finish the season in good standing and, unless otherwise excused by the coach or athletic director, must attend the school sponsored awards night at which the awards are presented. Finishing the season in good standing means that the athlete has continued as a part of the team in all team requirements (practices, contests, meetings, etc.) through the last IHSA contest in which the team is involved. The season does not end until the student has returned to the departed campus after the last IHSA contest. All athletes must completely serve any suspension to be eligible for an award. Awards will be held until suspensions are served unless the award is denied as part of the disciplinary action at the time of an Athletic Code violation. If there are any questions about awards, athletes should check with their coach.

NUMERALS

Freshman award will be a certificate and numerals indicating participation. Once an athlete has earned their numerals, he/she will be given a certificate of participation for another sport at the same level.

MASCOT HEAD

Sophomore award will be a certificate and a mascot head. Once an athlete has earned their mascot head, he/she will be given a certificate of participation for another sport at the same level.

VARSITY LETTER

Varsity award will be a certificate and only one letter: the Varsity Letter. Each additional award will be a gold insert for the sport and a certificate. Those on a varsity team but not earning a letter will be awarded a certificate of participation.

IMPORTANT INFORMATION

INTERNET ADDRESS

www.learningcommunity202.org

www.highschoolsports.net

for sports schedules and cancellations/changes

PLAINFIELD CENTRAL HIGH SCHOOL

SPORTS HOTLINE

815-439-4282

#1 – for status of contest
due to weather

TO LEAVE A MESSAGE

815-439-4566

Athletic Director

X1332 – Dave Stephens

Asst. Athletic Director

X1331 – Mark Krusz

Athletic Secretary

X1303 – Mary Jo Blankenship

PLAINFIELD SOUTH HIGH SCHOOL

TO LEAVE A MESSAGE

815-577-5587

Athletic Director

577-5547 – Bob Yanello

Asst. Athletic Director

577-5523 – Kevin Wargo

Athletic Secretary

577-5587 – Melanie Jones

PLAINFIELD NORTH HIGH SCHOOL

ATHLETIC OFFICE

815-609-6186

Athletic Director

Jeff Johnson

Asst. Athletic Director

Ron Lear

Athletic Secretary

Anne Bardachowski